

How much direct contact do you have with patients?

MINIMAL

*I have some contact and the occasional chat with patients but the main focus of my role is not providing direct care.*

All staff should be familiar with the symptoms of emotional distress and able to respond appropriately to any identified need

LEVEL 1

e.g., Heart-e, Emotion Matters, Sage & Thyme

MODERATE

*I have a lot of direct contact with patients. I talk to patients whilst I am providing care as part of my clinical role.*

Clinical care staff should be able to offer some psychological support to help patients deal with behavioural or emotional difficulties.

What type of support do you provide to patients?

MOSTLY PRACTICAL

MOSTLY EMOTIONAL

LEVEL 2

e.g., Developing Practice, AsSET, bespoke packages designed and delivered by a trained Clinical Psychologist

SUBSTANTIAL

*I have a lot of direct contact with patients. A significant part of my role is providing emotional support to patients and their families.*

Staff, whose role involves the direct provision of emotional support, should consider receiving training to deliver low-intensity psychological interventions

How interested are you to develop additional skills to help patients overcome their psychological difficulties?

NOT MY PRIORITY

VERY INTERESTED

LEVEL 3

e.g., PG Cert, Diploma, Masters CBT